



THE ASSOCIATION FOR ESTABLISHING AND SUPPORTING NURSING HOMES

Eski Londra Asfaltı No: 38
Bahçelievler Bakırköy-İSTANBUL
Telefon: 751517-75 46 39



The Association for Establishing and Supporting Nursing Homes dedicates this in memory of the 100th birthday of Atatürk, the Founder of the Turkish Republic.

Bu broşür bağış olarak
Ali Rıza BASKAN-Güzel Sanatlar Matbaası A.Ş.
Yenibosna tesislerinde basılmıştır.



All that we have achieved, and all that we strive to achieve, shall follow the path of civilization you have illuminated.

HISTORY OF THE ASSOCIATION FOR ESTABLISHING AND SUPPORTING NURSING HOMES

This institution, the first in Turkey to be founded under the name “Huzur Evi” (literally House of Peace), was intentionally named as such by its founders in order to distinguish it from the widely used term “Old Age Home” and to free its residents from the psychological burden often associated with that phrase.

As is well known, under today’s life and family conditions, “Homes for the Elderly” are not only for the aged but also for citizens in need, regardless of age. That is why, for over twenty years, the name “Huzur Evi” (Nursing Home) has been widely adopted across the country for such institutions. All newly established facilities of this kind have come to be known by this name.

In this brochure, we aim to briefly summarize the history of the Istanbul Huzur Evi and the Association that manages it.

In 1960, the Executive Board of the Turkish Council of Women launched an initiative to address one of the country's urgent social needs: establishing a home for the elderly. As is well known, Darülaceze, a sacred institution that has served our nation for over a century, has provided care not only for abandoned and destitute elderly people, but also for orphaned children. When our colleagues set out to found a new facility suited to the modern needs of society, they first sought to consult with Darülaceze.

At the time, Staff Colonel Adnan Çelikoğlu had just been appointed Director of Darülaceze. During our conversations with him, he invited us to join the nearly inactive The Society for Assistance to Darülaceze, encouraging us to support its revitalization.

It was a request that could not be refused. In agreement with our colleagues, we became members of the Association. A General Assembly was convened, and we were elected to the Board of Directors. And so, the foundation of what would become the Istanbul Huzur Evi was laid through these efforts.

At that time, there were no other “Homes for the Elderly” in existence, so all those in need—whether truly destitute or simply unable to care for themselves—were turning to Darülaceze. There was a long waiting list, not just of the impoverished and disabled, but also of individuals from everyday life who lacked proper care.

As we carried out our work in this context, we, as the The Society for Assistance to Darülaceze, aimed to establish a second facility that would accommodate citizens with limited means and without access to adequate care—thereby relieving the pressure on Darülaceze and making room for those in more urgent need.

In the midst of these intensive and committed efforts, a decision was made to purchase a building located in Bakırköy, Bahçelievler, on the Eski Londra Asfaltı, to house this new initiative.

This building had originally been constructed for healthcare purposes and, with some minor renovations, was suitable for use as a nursing home. The owner also made the purchase process easy. We opened it for service under the name “Istanbul Huzur Evi” (House of Peace).

It is not possible to delve into all the details while summarizing these efforts. However, we feel it is our duty to share the story of a women's initiative that was conceived following the death of our Great Leader on November 10, 1938.

A medallion design was created by painter Melek Celal, on behalf of Turkish women, as a tribute to Atatürk. However, the medallion was never produced or used until the 1960s. When she offered to donate it to us, we accepted it with heartfelt gratitude. We had the medallions produced at the State Mint, and by presenting them to the public, we received our very first donations through this campaign.

The front side of the medallion bore the inscription:

“The Turkish Woman You Saved Offers Her Loyalty to You (1881–1938)”

Thus, Atatürk’s legacy lies at the foundation of the Istanbul Huzur Evi. These medallions were even taken to the United States during a trip made in connection with social service efforts alongside Mrs. Hasene Ilgaz. Through the help of our embassy and the contributions of Turkish citizens abroad, donations were collected and sent to us.

Although we were under no legal obligation to do so, after founding the Association for Establishing and Supporting Nursing Homes, we made a decision to return the funds that had previously been collected under the name of the The Society for Assistance to Darülaceze, which had initially served the Istanbul Nursing Home.

The foundation of the Association for Establishing and Supporting Nursing Homes was laid in 1962, and by 1963, it had officially gained the status of a public-benefit organization. In recent years, the Istanbul Association for Establishing and Supporting Nursing Homes has entered a new phase of activity and development.

We present this brochure to our charitable citizens in the hope that they will continue to support our mission.

On behalf of the Board of Directors
President
İffet Halim ORUZ



Istanbul Huzur Evi has been in operation since 1963.

BAHÇELİEVLER NURSING HOME

In continuous service since 1963, the Bahçelievler Nursing Home has a capacity of 37 beds.

For many years, those who have been unable to find peace within their family homes have found comfort here and are able to continue their lives in a state of emotional and mental well-being. The nursing home is not a hospital, but rather a place of rest, designed to provide a peaceful and dignified environment for individuals living on their own. It is managed with this philosophy in mind.

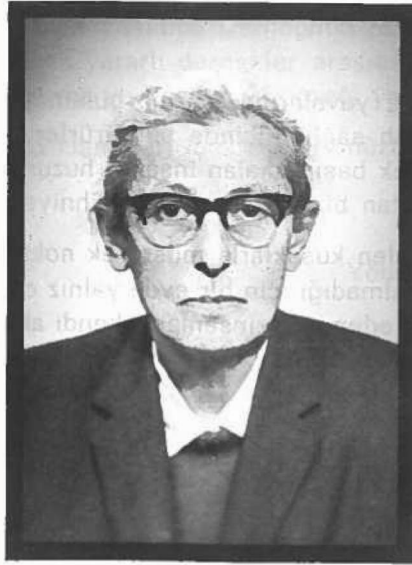
It is a facility that offers a chance for people—who can no longer connect with younger generations, who are tired of living alone in their homes due to the absence of loved ones, or who feel uncomfortable living with their children—to live among their peers and experience companionship, understanding, and tranquility.

Due to the impact of industrialization and urbanization on the patriarchal family structure and our changing social order, the need for such homes has significantly increased. These homes can survive primarily as institutions sustained by public contributions. The fundamental idea behind our call for support is the reminder that one day, everyone might find themselves in need of such a place.

In Western countries, there are much more developed models of these homes, and the need for them will continue to grow in the future.

Our nation, striving to reach the level of Western civilization under the guidance of our Great Leader, must also transform its social structure and develop similar social institutions in line with this progress.

Every contribution made for this purpose will help create an institution that will meet the needs of our nation in the future.



Turkey's First Female University Rector and Philanthropist: Prof. Dr. Ayşe Saffet Alpar



ALPAR NURSING HOME

One of the former rectors of Trabzon University, our esteemed professor and philanthropist, Prof. Dr. Ayşe Saffet ALPAR, initiated the construction of the building shown above, consisting of 40 rooms, to serve as the "Cultural Figures Nursing Home" and donated it to our Association once the roof was completed. With all its resources and the support of our charitable community, the Association has brought the building to its current state.

Unfortunately, before we could inaugurate this valuable donation, we sadly lost our dear Professor on February 1, 1981. This loss has placed a moral obligation upon us toward her memory.

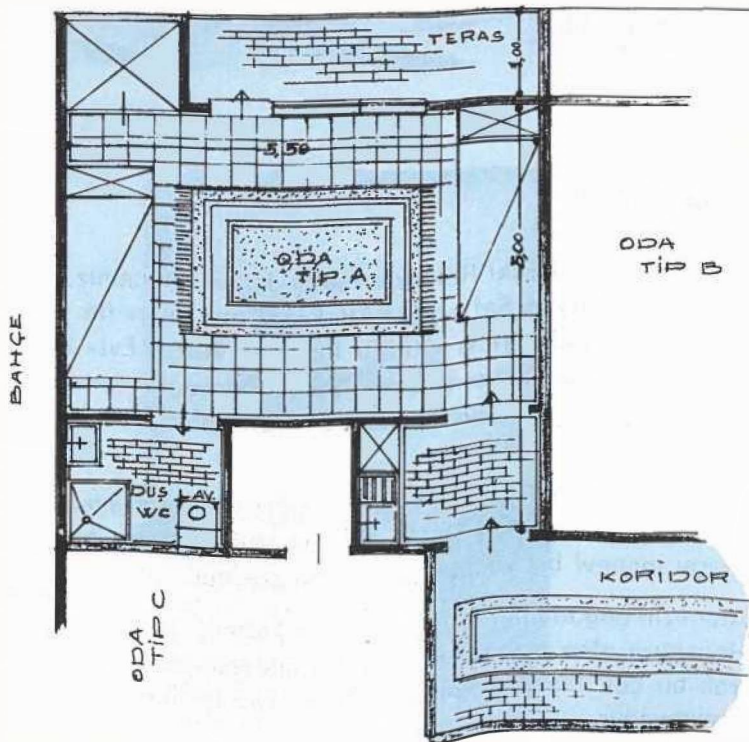
In order to participate, even in a modest way, in the centenary celebrations of the birth of our Great Leader Atatürk and to fulfill our moral debt to our beloved Professor, it is our greatest wish to launch a new fundraising campaign and inaugurate this meaningful establishment on October 29, 1981.

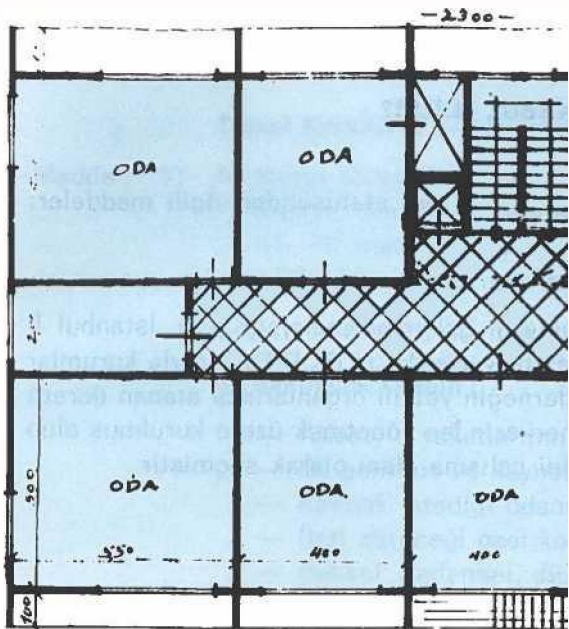
A Modern Nursing Home

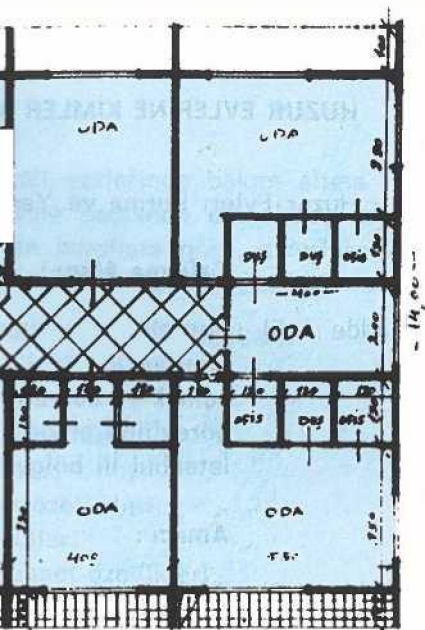
As shown in the plans, the ALPAR Nursing Home consists of an entrance floor housing the lounge, sitting and resting areas, and administrative offices, along with three additional floors where the rooms are located, totaling 40 bedrooms. Although the rooms are categorized into three types—A, B, and C—based on their size, each room includes its own bathroom, toilet, and service area. The living conditions provided in these rooms are far superior to those found in an ordinary hotel room.

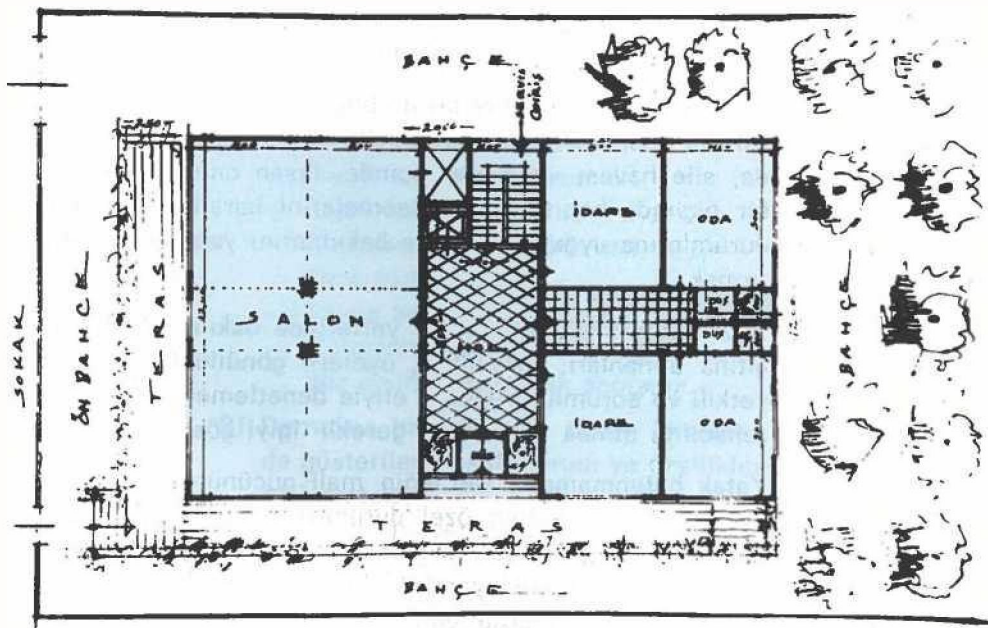
In order to open the building for operation, it is necessary to install an elevator, kitchen, water and heating systems, and complete the sanitary facilities such as bathrooms and washbasins.

We are hopeful that many charitable citizens will support us in completing these essential works.









Who Can Be Admitted to the Nursing Homes?

Articles from the Statute of the Association for the Establishment and Maintenance of Nursing Homes

Area of Operation:

Article 5:

The Association was established to open institutions called "Nursing Homes" in various locations within the boundaries of Istanbul Province to provide care for elderly individuals. These institutions are to be managed centrally by paid personnel appointed by the Association's authorized bodies. The Association has designated Istanbul Province as its area of operation.

Purpose:

Article 6:

The purposes of the Association are:

A) To secure the well-being and future of elderly individuals, or those not yet elderly but in need of constant assistance and care from others, including prematurely aged, orphaned, or isolated women, men, and couples. Their issues are to be addressed under the management, supervision, and control of the Association in the Nursing Homes it has established or will establish, or in their own homes.

B) To provide and ensure care for these individuals in an environment suitable to their upbringing, level of knowledge, and intellectual, physical, and mental characteristics, within a family-like atmosphere and order, and in a manner befitting human dignity, with costs appropriate to their income levels.

C) To inspect, supervise, rehabilitate, and show necessary attention to those under care and protection in the Nursing Homes or in their own homes through the Association's staff, members, volunteer organizations, and authorized and responsible bodies.

Ç) In cases where admission to a Nursing Home is not possible due to lack of available beds, insufficient financial resources of the Association, or difficulties arising from the special conditions of the individual needing care, to visit and support such vulnerable individuals in their own environments; to provide social assistance to the extent possible; to address all their problems by also utilizing support from other organizations; and, if necessary, to relocate them to care facilities operated by other organizations.

Basic Rules:

Article 7)

A) Individuals under care either in Nursing Homes or in their own residences are required to make a payment referred to as a cost-sharing contribution in exchange for the facilities provided by the Association, according to the rules outlined in this article.

Determination of Cost-Sharing Contribution Amount and Care Conditions:

The contribution amount and care conditions are determined by considering:

a) Regarding the Individual to be Cared for:

Status of their family and relatives;
Personal income and financial resources;
Characteristics of the preferred room;
Special conditions requested;
Mental, physical, and intellectual characteristics;
Special conditions and problems faced;
Habits that may be harmful to themselves or others;
Age and health status;
Donations made in the past year;
Other relevant features.

b) Regarding the Association:

General financial status;
Social aid fund;
Monthly cost per resident;
Number and condition of available beds;
Relationship with other residents;
Strength and capacity of the organization;
Specific challenges and circumstances;
Potential future circumstances.

Article 8)

For individuals under the Association's care, taking into account the conditions, circumstances, and characteristics mentioned in paragraph (A), necessary agreements and procedures are carried out under the following principles:

- a) Free of charge;
- b) Below the monthly cost;
- c) At cost;
- d) Above the monthly cost;
- e) Lifetime care agreement in exchange for movable and immovable property, cash, or other assets donated to the Association.

Voluntary Service:

Article 71)

Members serving in the Association's Board of Directors and Board of Auditors, as well as those working in branches, commissions, and committees, cannot receive any remuneration for their services.

Public Interest:

Article 77)

The Association for Establishing and Maintaining Nursing Homes (Huzur Evleri Kurma ve Yaşatma Derneği) was recognized as a public-benefit association by the Council of Ministers decision dated May 17, 1967, numbered 6/8229, and this status was announced in the Official Gazette dated June 28, 1967, issue number 12633.

HOW CAN YOU HELP?

1. By making cash (monetary) or in-kind (material) donations of any amount from your heart, to be used in the construction of the ALPAR NURSING HOME.
2. By personally undertaking the construction of specific sections.
3. By donating 100,000 TL exclusively for the construction of a room and having your name inscribed on the door of that room.
4. By decorating and furnishing a room according to your wishes.
5. By solely furnishing one or several rooms. In this case, a plaque will be placed inside the room indicating that it was furnished through your contribution.
6. For donations of 100,000 TL or more towards the entire building, a plaque will be placed at the building's entrance.
7. You may undertake the construction, furnishing, and maintenance of as many rooms as you wish. In this case, subject to compliance with internal regulations, priority will be given to individuals you recommend for accommodation in these rooms.
- 8.

Regardless of how and to what extent the donation is made, every contribution is a symbol of a noble feeling and of humanity. Our Association has always remained deeply grateful to all donors, irrespective of the type and amount of their contributions. Therefore, integrating with and continuously remembering our donors will be one of our greatest duties.

The expenditures of the donations can always be monitored by the donors themselves.

Believing that there is no measure to generosity, we invite all our fellow citizens to contribute, whether large or small.

Through your support and interest, you will help establish a home where people will spend their lives in peace — and hearing or seeing this will be a great source of peace for you as well.